

# Inside & Outside - Describing Ourselves

Learning to describe ourselves is an important part of communicating in any language. In Spanish, we can use **adjectives** to talk about who we are on the **outside** (our physical appearance) and on the **inside** (our personality, values, likes, and emotions). This activity will help you practice both!

Objective: Use adjectives in Spanish to describe who you are on the *outside* (physical appearance) and the *inside* (personality, values, emotions).

## Instructions

### 1. Decorate the Outside:

- On the *outside* of your bag (or the front of your poster), write or draw words that describe your physical appearance.
- Example sentence:
  1. "Por fuera, soy \_\_\_."

### • Write 3-5 adjectives for your outside:

- 1.
- 2.
- 3.
- 4.
- 5.

### ◦ Describe the Inside:

- On slips of paper (or the back of your poster), write words, phrases, or draw pictures that describe your personality, likes, values, and emotions.
- You can also add photos, short letters, or symbols.

### ◦ Example sentence:

1. "Por dentro, soy \_\_\_."

### ◦ Write 3-5 adjectives for your inside:

- 1.
- 2.
- 3.

4.

5.

- **Share with a Partner or Group:**
- Present your bag or poster in Spanish.
- Use the sentence starters:
  - “Por fuera, soy...”
  - “Por dentro, soy...”

## **Word Bank - Adjectives**

### **Physical (Outside):**

- alto/a - tall
- bajo/a - short
- joven - young
- mayor - older
- guapo/a - good-looking
- bonito/a - pretty
- rubio/a - blond
- moreno/a - dark-haired
- pelirrojo/a - red-haired
- delgado/a - slim
- fuerte - strong
- débil - weak

### **Personality & Inside:**

- simpático/a - nice
- antipático/a - unfriendly
- amable - kind
- divertido/a - fun
- serio/a - serious
- trabajador/a - hardworking
- perezoso/a - lazy
- inteligente - intelligent
- creativo/a - creative
- generoso/a - generous
- tímido/a - shy

- sociable - outgoing
- optimista - optimistic
- pesimista - pessimistic
- honesto/a - honest
- cariñoso/a - caring
- valiente - brave

### **Building Proficiency for World Language Learners: 100+ High-Interest Activities**

Discover over 100 dynamic activities to make world language learning interactive and fun. I wrote this book with some of my favorite activities for educators aiming to build proficiency with high-impact strategies.

[Learn more and get your copy here.](#)

### **5 Weeks of No and Low Prep Fun**

Need quick, engaging activities for your class? This free guide includes **25 no-prep and low-prep ideas** to save time while keeping students excited about learning.

[Download your free copy now.](#)

### **100s of Videos to Learn Spanish**

Gain access to an extensive collection of videos for self-paced Spanish learning.

[Browse the videos.](#)