

Inside & Outside - Describing Ourselves

Learning to describe ourselves is an important part of communicating in any language. In Spanish, we can use **adjectives** to talk about who we are on the **outside** (our physical appearance) and on the **inside** (our personality, values, likes, and emotions). This activity will help you practice both!

Objective: Use adjectives in Spanish to describe who you are on the *outside* (physical appearance) and the *inside* (personality, values, emotions).

Instructions

1. Decorate the Outside:

- On the *outside* of your bag (or the front of your poster), write or draw words that describe your physical appearance.
- Example sentence:
 1. “Por fuera, soy ____.”

• Write 3-5 adjectives for your outside:

- 1.
- 2.
- 3.
- 4.
- 5.

◦ Describe the Inside:

- On slips of paper (or the back of your poster), write words, phrases, or draw pictures that describe your personality, likes, values, and emotions.
- You can also add photos, short letters, or symbols.
- Example sentence:
 1. “Por dentro, soy ____.”

◦ Write 3-5 adjectives for your inside:

- 1.
- 2.
- 3.

4.

5.

- **Share with a Partner or Group:**

- Present your bag or poster in Spanish.
- Use the sentence starters:
 - “Por fuera, soy...”
 - “Por dentro, soy...”

Word Bank - Adjectives

Physical (Outside):

- alto/a – tall
- bajo/a – short
- joven – young
- mayor – older
- guapo/a – good-looking
- bonito/a – pretty
- rubio/a – blond
- moreno/a – dark-haired
- pelirrojo/a – red-haired
- delgado/a – slim
- fuerte – strong
- débil – weak

Personality & Inside:

- simpático/a – nice
- antipático/a – unfriendly
- amable – kind
- divertido/a – fun
- serio/a – serious
- trabajador/a – hardworking
- perezoso/a – lazy
- inteligente – intelligent
- creativo/a – creative
- generoso/a – generous
- tímido/a – shy

- sociable – outgoing
- optimista – optimistic
- pesimista – pessimistic
- honesto/a – honest
- cariñoso/a – caring
- valiente – brave

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